

Dear Friends,

We are very excited about our Spring session of Morning Glory. We wanted to send you a little letter about the philosophy behind this dear group.

Just as a flower unfolds to the world, your children are slowly unfolding their delicate and beautiful petals every moment, every day in our presence. Morning Glory celebrates these moments in your child's life every Friday.

Your "little buds and flowers" are in the most wonderful stage of life. Such a sensual world they live in from the moment they arise in the morning to the very second they drop off asleep to dreamland. Every sound, taste and touch from their outer environment makes a deep impression on their little inner flowering spirits. From birth to seven years of age, there is tremendous life energy pouring in through their senses. That is why we as caregivers of this very vibrant and receptive young age, look deeply at how, what, and why we do, what we do, in the presence of these little beings who are still somewhat "landing" on earth. It is with devotion and education that we begin our journey together as a little class for the next few months.

We will create a classroom atmosphere that is predictable, safe, and peaceful. This is a place where our little flowers can grow in their own time in their lovely unique ways. As the models of peace, well-being and confidence we will strive to allow our wee ones to be the wondrous sense beings they are.

How will we do this?

How do we as Parents support and nurture these little sensual beings in our care?

How can we allow their basic nature of goodness and joy to thrive and be nourished, in a world that is fast paced, full of sensual stimulation and overload?

How can we foster our tiny tots to be kind, good and true to all their little friends at Morning Glory and beyond?

These are questions we hope to explore together with you on a weekly basis.

Parents come into Morning Glory and ask :

"How can we help?"

There are many ways we can co-create a harmonious experience for everyone in our group.

Firstly, we will leave our "Grown Up" world behind! We have noticed that when parents enter the classroom, that their natural tendency is to connect with each other. This is great! But alas, if we are talking to each other amidst our children, the energy in the room can become quite robust and overly stimulating.

Grown up talking can fill up our little "garden" and our children's world can become overwhelming, creating a sort of "overload indigestion."

Let's keep the environment heavenly by honoring each child's sensitive ears and spirits. Imagine what it might have felt like in the heavenly realms! So protected, so warm, so dreamy, so peaceful. Let's try and open our wings around the space in the classroom, and allow the energy of the children to permeate the space. Think of yourself a angel on earth! Save your socializing for before or after class. Thanks for trying this out! We

would like to gather at a Parent Night to talk about this as well!

Let's keep our language Positive and functional, for example; "You may help me with the bread" or "you may use your hands for baking" or "you may use your words" or.....you get the picture!

Let's try not to comment on things they do. Honor your child's triumphs inwardly. They will feel it without commentary. We can all appreciate each child quietly from within. This is a fascinating practice. It's called inner praise rather than outer praise. A great topic to discuss further!

Let's save "no" for an emergency or if a child is hurting another child. Use body language to stop a situation before language, then model loving kindness by separating the children, offer another toy if need be, or model kind language as a way of sharing; "We can all play with our beautiful things." We will help you with this in class as well.

Children learn through imitation. Everything they see and hear they mirror. They watch our every move. So therefore, whatever we want the children to do WE do! Everything we communicate will be through Imitation.

Remember non-verbal communication is very effective. This way we will create a environment of peace and offer rich "pictures " of happy grown ups working together. When we bake the children will bake. No need to invite them verbally. When we clean they will clean. When we sing they will sing. On and on and on!

Please come to class on time or 5 minutes early if you want to connect with your Morning Glory friends. If the weather is mild it's lovely to be in the yard. Our class will start on time, on the bridge, where we will sing a few songs. If there is time at the end of class the children can play in the garden then as well.

~ After our ritual on the bridge we will enter our class in small groups of two or three. If we go in as a group, it's a bit overwhelming for the children.

For the remainder of our sessions, we would like to request that visitors stay at home, or wait for you in the yard. We are devoted to creating a dependable environment with the same families every week.

Thank you for taking the time to read this. We love to share what we do, and we are so glad that to have you come and join in this wonderful world of Morning Glory. We look forward to singing, baking, cleaning, creating, dancing, digging, and most of all cuddling!

With warm regards,  
Mindy